# Sri Raghavendra Ayurveda Medical College & Hospital, Malladihalli

## **CMEs/Conference/Seminar/Academic activities**

- Sloka Parayana
- Model Making on various concepts in Charaka samhita
- Video Clip Making on educating people about harms of vegadharana as a part of curriculum
- Integration classes with department of Rasashastra & Bhaishajyakalpana, department of Dravyagunavijnan & Department of Agadatantra as a part of curriculum
- Feedback collection on Padachatushtaya as a part of curriculum
- Roleplays based on Padarthavijnan & Panchakarma syllabus
- Surveys based on Dinacharya & Rithucharya
- Medicinal Plant Surveys at Jogimatti for 2<sup>nd</sup> year students
- National Seminar on Dravyaguna and Marma chikitsa on April 30, 2022
- Guest lecture by Dr Ravi Kundgol on the topic Understanding the basics f Dravyaguna Vignana on 21-07-2022.
- Academic trip for 2<sup>nd</sup> year students from 19-21 September 2022.
- Academic trip for 3<sup>rd</sup> year students from 3-5 November 2022.
- Ayurchintana Webinar Series 05 Guest lectures
- C.M.E on Understanding Infertility Org in association with Sarji Fertility and Research center, Shimoga on 23 Dec 2022.

#### **ARTICLES PUBLISHED**

- "Few Herbal Medicinal knowledge from Thirthahalli taluk, Shivamogga District, Karnataka, India" Published in Journal of Ayurveda Medical Sciences, Vol.2, Issue 3, October-November 2017
- "Anti –Hyperlipidemic Activity of Vateria indica Linn. Seed Butter in High Fat Diet Induced Hyperlipidaemia in Rats". Published in journal of Ayurveda Medical Sciences, Vol.2, Issue 3, October-November 2017
- "Pharmacognostic, Preliminary Phytochemical Evaluation and HPTLC Profile of leaf of Picchilataru-Persea macrantha (Nees) Kosterm.-an extrapharmacopoeial medicinal plant of Ayurveda". Published in International Ayurveda Medical Journal, February-2018

- "Management of Burn wound with Frontal leaves of Shaaka Tectona grandis L.f A case study "- Published in International Ayurveda Medical Journal, June 2018
- "A review on therapeutic potentialities of Picchilataru- Persea macrantha (Nees)
   Kosterm.- a medical Plant " Published in International Journal on Research in Ayurveda and Pharmacy.
- 'Charvaka darshana and Ayurveda A comparative Overview' in Vaidyaratnam Journal
  of Ayurveda Medicine (VJAM) with ISSN 2582-5585 published by Vaidyaratnam
  Ayurveda Foundation
- Tharuchikitsa in the light Of Upavanavinoda' in "Research in Ayurveda: Perspective and Trends 2021", with ISBN no. 978-81-948175-6-7 published by CISSA on behalf of the fourth Global Ayurveda Festival (GAF 2021)
- 'Charaka Samhita in the light Of Ganitha Shastra' in International Journal of Ayurveda and Pharma Research (Vol 9 issue 10) with ISSN: 2322-0902 (P) and ISSN: 2322-0910 (O).
- 'Manuscriptology a bird's eye view' in Paripex Indian Journal of Research, Vol 10, Issue 10, October edition with ISSN: 2250-1991 and DOI 10.36106/paripex.
- Significance of kala in Ayurveda with respect to Nyaya-vaisheshika darshana' in Impact of Nyaya-Vaiseshika on Indian thoughts published Maya Prakashan, Kanpur, on behalf of three-day National seminar conducted by Nyaya Department, Government Sanskrit College, Thiruvananthapuram.
- 'Indian medicine in the light of Purvamimamsa' in "Studies in Ayurveda" published by Dr. N. A Shihab on behalf of Government Sanskrit College, Thrippunitura
- 'An Ayurvedic Outlook on etiological factors of infertility' published by Amritha School of Ayurveda, Vallikkavu, Kollam, Kerala in Prajnanam 2019 with ISBN 978-93-5346-986-3
- 'Pathological appraisal of Amlapitta Samprapti A contemporary Outlook' Published in AYUSHDHARA International Journal of Research in AYUSH and Allied Systems.
- 'Khara dugdha, a folklore medicine for Bala roga in dasanoor, Chamarajanagara,
   Mysore Dist- A Survey' Published in AYUSHDHARA International Journal of Research
   in AYUSH and Allied Systems.

# **ACHIEVEMENTS OF STAFF**

### Dr. Niranjan Prabhu B G

- Awarded Best Oral Presentation at 3rd International Conference on Dravyaguna and Bhaishajya Kalpana Organised by J.S Ayurveda Mahavidyalaya, Nadiad, Gujarat, Held on 2-3<sup>rd</sup> September 2017.
- Achieved 7th rank in the First year M.D (Ayu.) University examination.
- Awarded Best Oral Presentation at Jyotishmati 2019, National Seminar on Dravyaguna, Organised by BLDEA's Ayurveda Mahavidyalaya, Hospital and Research Center, Vijayapura, Held on 2nd July 2019.
- Participated and Won Best Photograph (Medicinal Plant Category) at National Photography Competition-2020, Organised by TECHNOVED SOLUTIONS on the Occasion of World Photography Day on 19-08-2020.
- Co-Authored a Book 'AYURVEDA- Microbial Infectious Diseases Including COVID-19' Published by Chaukhamba Publications, New Delhi.
- Participated as a Resource person and Delivered speech at Sahyayanam-5, Organised by
- Ayurveda Medical Association of India, Kothamangalam- Kerala, held on 1-3 March 2019.
- Delivered a Guest lecture Medicinal Qualities of Plants belonging to Karpuradi Kula-Lauraceae at Aranyakam-2019 organised by Astamgam Ayurveda College, Vavanoor, Kerala on 21-11-2019.
- Participated as Resource Person in Online Alumni Interaction to UG & PG scholars of Dravyaguna Vijnanam and delivered a Lecture on the topic 'Dravya Amayika Prayoga with respect to Annavaha Srotas- Clinical Perspective' on 07.07.2020 Org. by SDMCA, Udupi.
- Delivered a Guest lecture on Ayurveda Ethnomedicinal Observations of Plants in Central Karnataka at 'International Webinar on Ayurvedic Ethnomedicinal Informations' organised by Astamgam Ayurveda College, Vavanoor, Kerala on 29&31-12-2020.
- Delivered a Guest Lecture on Importance of Locally Available Medicinal Plants in Clinical Practice on 05.07.2020 by organized by AYUPRO.
- Delivered a Guest lecture Medicinal Plants and its Clinical Utility of Medicinal Plants of Southern India at Patanjali Ayurveda Medical College and Research Center, Dhulikhel, Nepal on 22-03-2021.
- Participated as Resource Person in Online Alumni Interaction to UG & PG scholars of Dravyaguna Vijnanam and delivered a Lecture on the topic 'A Practitioners's view on Conservation of Endangered Medicinal Plants and its Rational Substitutes' on 01.06.2021 Org. by SDMCA, Udupi
- Vajra-2016, International Ayurveda Conclave, Lifestyle disorders and Ayurveda, Organised by Vaidyaratnam Oushadhashala, Thrissur, Kerala from 13-15th January, 2017.
- 3rd International Conference on Dravyaguna and Rasashastra-Bhaishajya Kalpana,

- organised by J.S Ayurveda Mahavidyalaya and P.D Patel Ayurveda Hospital, Nadiad, Gujarat from 2-3rd September, 2017. (Received Best Paper presentation Award)
- Karma Siddhi 2020 International Congress on Panchakarma and Pathya, Organised by S.D.M College of Ayurveda, Udupi, Held on 13-15 February 2020.
- Ayurvision-2015, National conference on Update on Ayurvedic Pharmaceutical Science, Organised by KMC, Manipal held on 28-29th December 2015.
- Ayurvision-2016, National Conference on Holistic Approach to Lifestyle Disorders Organised by KMC, Manipal held on 13-14th December 2016.
- Poster presentation at Seminar cum workshop on Management of Dermatological disorders and cancer-moving towards an integrative approach organised by CCRS-CIMR, Manipal University held on 11-12th February 2017.
- Ahara Manthana-2017, National Seminar on Ayurvedic Dietetics and Nutrition, Organised by S.D.M College of Ayurveda, Udupi held on 24th February 2017.
- National Seminar on Medicinal and Aromatic Plants of Western Ghats and Their Sustainability, Organised by Poornaprajna College, Udupi held on 27-28th February 2017.
- National Conference on Bio-Sciences-2017, Present Scenario of Flora and Fauna, Organised by Sahyadri Science College, Shivamogga.
- Anuktadravya Vivechana-2017 (Exploring Unexplored Drugs) Organised by Department of Dravyaguna, I.P.G.T &R.A, Jamnagar, Gujarat held on 20-21st July 2017.
- Shrungara-2018, National Seminar on Cosmetology in Ayurveda, Organised by SDM College of Ayurveda, Udupi, Held on 8th March 2018.
- Jyotishmati 2019, National Seminar on Dravyaguna, Organised by BLDEA's Ayurveda Mahavidyalaya, Hospital and Research Center, Vijayapura, Held on 2nd July 2019. (Received Best Paper presentation Award)
- Presented in International Conference Paripoorna Abhijnana 2023 Org by SPSAMC & H, Nelamangala, Held on 18-20 January 2023.

#### Dr. Adarsh K R

- Secured 1st prize in Poster making competition conducted by Department of Kayachikitsa, Govt Ayurveda College, Thiruvananthapuram as a part of World Mental Health Day.
- Secured 1st prize in Sanskrit Poster making competition 'SANCHAREMA SAMSKRITE' conducted by Department of Samhita and Siddhanta, Govt Ayurveda College, Thiruvananthapuram as a part of World Sanskrit Day.
- Secured 2nd prize in Digital poster making competition conducted by Jignasa Kerala on the occasion of International Yoga day 2021.
- Participated and presented the paper entitled 'Tharuchikitsa in the light of Upavanavinoda' in the fourth Global Ayurveda Festival (GAF 2021)

- Participated and presented a poster entitled Neurological movement disorders in SAADHANA 3, National seminar on clinical aspects held at Nangelil Ayurveda College, Kothamangalam .
- Participated and presented a paper entitled Significance of Kala in Ayurveda with respect to Nyaya-Vaisheshika Darshana in "Impact of Nyaya-Vaiseshika on Indian thoughts", a three-day National seminar conducted by Nyaya Department, Government Sanskrit College, Thiruvananthapuram.
- Participated in RGUHS Zonal workshop on NCISM Syllabus Samhita & Siddhanta conducted by Department of PG & PhD studies, Samhita & Siddhanta, Ayurveda Mahavidyalaya, Hubbali
- Participated in Advanced workshop of Manuscriptology conducted by KUHS school of fundamental research in Ayurveda at Govt Ayurveda College Thrippunithura, Kerala
- Participated in Three-Month Online Certificate Program on Research Methodology & Biostatistics, organized by the Joint State Training Center, Rajasthan - Institute of Applied Statistics, Kanpur, and the National Institute of Ayurveda, Jaipur, in collaboration with the Central Council for Research in Ayurvedic Sciences (CCRAS), New Delhi.

#### Dr. Vineethamol K V

- Participated and presented the paper entitled 'Significance of Nidra in Ayurveda' in the International AYUSH conclave Kerala 2019
- Participated and presented the paper entitled 'An Ayurvedic Outlook on etiological factors of infertility' in Prajnanam 2019 held in Amritha School of Ayurveda, Vallikkavu, Kollam, Kerala
- Participated and presented a paper entiltled 'Rajavallabhanighantu-a Critical review' on lexicographical studies in Sanskrit in National seminar conducted by Vyakarana Department, Government Sanskrit College, Thiruvananthapuram.
- Participated and presented a paper entitled 'Importance of Kala in Chikitsa' in National seminar conducted by Jyotisha Department, Government Sanskrit College, Thiruvananthapuram.
- Participated and presented a paper on Vedanta in National seminar conducted by Vedanta Department, Government Sanskrit College, Thiruvananthapuram.
- Participated in RGUHS Zonal workshop on NCISM Syllabus Samhita & Siddhanta conducted by Department of PG & PhD studies, Samhita & Siddhanta, Ayurveda Mahavidyalaya, Hubbali
- Certified as **Level 1 Yoga Instructor** by the Yoga Certification Board under the scheme for voluntary certification for Yoga professionals
- Completed three parts of Siddhantakoumudi (Vyakarana shastra exams) at Shri Datta Devasthan trust, Ahamednagar (2017-18)

- Participated and won third prize in Vyakarana Mahabhashya Shalaka competition at Karnataka state level (2017-2018)
- Participated in RGUHS Zonal workshop on NCISM Syllabus Sanskrit, conducted by Department of PG & PhD studies, Samhita & Siddhanta, Ayurveda Mahavidyalaya, Hubbali

### Mr Pramod G K MA (Sanskrit) (Ph.D)

- Completed the requirements of the YOGA INSTRUCTORS COURSE (Y I C) conducted by
- Swami Vivekananda Yoga Anusamdhana Samsthana at Prasanthi Kutiram, Bengaluru,
- 2018
- Certified as Level 1 Yoga Instructor by the Yoga Certification Board under the scheme
- for voluntary certification for Yoga professionals
- Completed three parts of Siddhantakoumudi (Vyakarana shastra exams) at Shri Datta
- Devasthan trust , Ahamednagar (2017-18)
- Participated and won third prize in Vyakarana Mahabhashya Shalaka competition at
- Karnataka state level (2017-2018)

## **ACHIEVEMENTS OF STUDENTS**

- Patil Ruthik Rajendra Participated and presented a poster entitled 'CONCEPT OF
  PATHYA & APATHYA W.S.R TO CHARAKA SAMHITA' Guided by Dr. Adarsh K R & Dr.
  Vineethamol K V , Assistant Professors, Department of Samhita and Siddhanta, Shri
  Raghavendra Ayurveda College, Malladihalli, Chitradurga in Paripurna Abhijnana 2023
  conducted by Sri Paripurna Sanathana Ayurveda College, Banglore
- Manu L R Participated and presented a poster entitled 'HASTHYAYURVEDA IN THE
  LIGHT OF MATANGALILA' Guided by Dr. Adarsh K R & Dr. Vineethamol K V , Assistant
  Professors, Department of Samhita and Siddhanta, Shri Raghavendra Ayurveda College,
  Malladihalli, Chitradurga in Paripurna Abhijnana 2023 conducted by Sri Paripurna
  Sanathana Ayurveda College, Banglore